

MONTANA
CRISIS RECOVERY



YOU TALK, WE LISTEN

Working in healthcare during the pandemic has taken its toll.

FREE COVID-19 SUPPORT
IT'S FREE AND CONFIDENTIAL!



@montanacrisisrecovery

Montana Crisis Recovery is just one call away.

For more information, please call **(877) 503-0833**
or visit **montanacrisisrecovery.com**

HOURS OF OPERATION: Monday - Sunday 10 AM-10 PM Through February 15, 2022



If you are having thoughts of suicide, please contact (800) 273-TALK or (800) 273-8255. You can also text "MT" to 741741